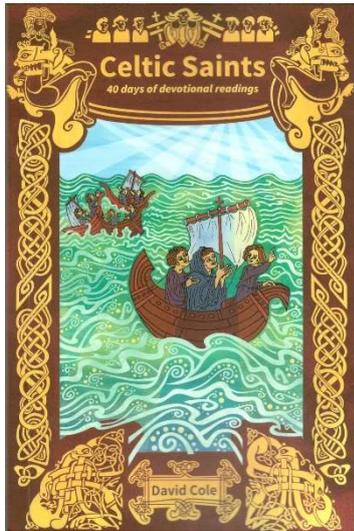


A treasure trove of wisdom and inspiration



Celtic Saints: 40 days of devotional reading

By David Cole

Pub: BRF; 2020

ISBN: 9-7808-57469502

Price: £8.99

The life stories of the Celtic saints are inspirational. They demonstrate great and unassuming faith, often in the face of insurmountable difficulties. In *Celtic Saints* David Cole draws us to relate our own life journey and developing relationship with God into the life story of the Celtic saints of the day.

This is the third in a series of books, the other two being *Celtic Advent* and *Celtic Lent*, which are aimed at being a resource for three Celtic preparatory, penitential periods of the year; the third such period running for 40 days from Pentecost, which was a new concept for me. However, this is a devotional resource that could be used for any period of reflection or as a series of stand-alone reflections on any of the saints. Helpfully, the saints' feast days are also given so the appropriate reflection could be used then.

As its stated use is for after Pentecost there is a particular focus on the empowering and enabling of the Holy Spirit in the lives of the saints. Each day there is a brief history of the named saint, some well-known and others more obscure. This is followed by a meditation drawing out lessons from their life and giving an opportunity for reflection on how this does or could impact our own faith journey, using a series of questions to aid reflection. With a lot to reflect on I found it helpful to jot down things that occurred to me. The meditation is followed by a brief scripture passage, which is helpfully printed in the book and which often gives further food for thought and each chapter ends with a blessing.

This book would be particularly useful at times of challenge and change, offering an opportunity to take stock and draw from the wealth of wisdom and experience of the saints. It has certainly helped me to refocus on God, gain a new perspective through the current difficulties and an insight into what God may be calling me to in the future.

Sister Val Legg